



## Micro Groups @ UV



### What will help me grow as a Disciple?

A Micro Group ....

- ...is smaller than a Small Group!
- ...allows the flexibility to ask - what do I really need to help me grow at this time?

Prayer?

Bible study & application? Accountability?

Encouragement?

Spiritual Disciplines?

## How to start a Micro Group....

- 1) Ask yourself the following 2 questions....
  - What, at this time, will most help me grow as a Disciple of Jesus Christ ?
  - In forming a group with two or three others could we encourage one another?
- 2) Find two like-minded people...and ask if they'd like to form a group!
- 3) Decide when/where/how often you would like to meet
- 4) Consider the purpose of your group—why are you meeting?
- 5) Set your boundaries of confidentiality from the start
- 6) You're ready to go.....!

If you would like any further information or ideas regarding Bible Study resources, accountability questions/Spiritual Disciplines please contact our Small and Micro Groups Co-ordinator, Tania Vaughan, at the Church Office on 01803 400403.

